



# HOW TO ACTIVATE YOUR TENACITY



**Here are your four tools:**

## 1. Believe

You must visualize the positive picture. Your thoughts become things. So you have to believe that all things are possible for you.

## 2. Forgiveness

It's vital that you forgive yourself for any decisions that you had made or blame yourself for. Also, forgive the ones who have hurt you. Not forgiving can hinder your energy and delay your blessings.

## 3. Trust

You must trust your inner guidance system. Trust that gut feeling which is your intuition. You must have no doubt that what is meant for you will be for you in time.  
Trust yourself.

## 4. Listen

Take the time to be present and tune in to what your senses are telling you. Be attentive to receiving.

**[www.camstenacity.com](http://www.camstenacity.com)**

